HOLT COUNTY

OVERALL RANK*

Need	Performance
Low	Average

Need is from a composite score including % food insecure, % SNAP eligible, % NSLP enrolled, and % < 5 WIC eligible. *Performance* is from a composite score including % eligible and participating in SNAP, NSLP, WIC, and pounds of food distributed per capita < 100% poverty.

NEED INDICATORS	COUNTY	STATE	RANK
Food Insecurity 2021			
% Individuals Food Insecure	11.3%	11.6%	Low
% Individuals < 18 Food Insecure	12.9%	12.8%	Average
% Individuals Food Insecure with Hunger	5.3%	5.6%	Low
Supplemental Nutrition Assistance Program (SNAP/Food Stamps) 2021			
% Total Population Income Eligible	17.5%	17.0%	Low
% < 18 Years Income Eligible	27.5%	22.6%	Average
Free and Reduced-Price Lunch (National School Lunch Program) 2022			
% Students Enrolled	29.7%	46.8%	Very Low
Women, Infants, and Children Program (WIC) 2021			
% < 5 Years Income Eligible	48.8%	38.4%	Average

PERFORMANCE INDICATORS	COUNTY	STATE	RANK
Supplemental Nutrition Assistance Program (SNAP/Food Stamps) 2021			
Number of Monthly Participants	369	685,547	—
% Total Population Participating	8.6%	11.2%	Low
% Income Eligible and Participating	50.6%	67.4%	Low
Number of Monthly Participants < 18 Years	145	294,385	—
% < 18 Years Participating	16.3%	21.1%	Low
Free and Reduced-Price Lunch (National School Lunch Program) 2022			
% Students Enrolled and Participating	74.7%	67.2%	Very High
Women, Infants, and Children Program (WIC) 2021			
Number < 5 Years Participating, Monthly	24	65,924	—
% < 5 Years Eligible and Participating	24.7%	47.8%	Very Low
Food Bank Distributions 2021			
Total Pounds Distributed in County	218,134	153,681,512	—
Pounds Per Capita Below 100% Poverty Level	490	202	Very High

COUNTY PROFILE	COUNTY	STATE	
Demographic Indicators 2021			
Total Population	4,295	6,141,534	—
% Population < 18 Years	20.7%	22.7%	—
% Population > 64 Years	25.2%	16.8%	—
Health Indicators 2022			
Obesity Prevalence (%)	32.8%	36.6%	—
Diabetes Prevalence (%)	10.7%	12.4%	—
Hypertension Prevalence (%)	40.9%	37.5%	—
Economic Indicators 2021			
% Population Below Poverty Level	10.6%	12.8%	—
% < 18 Below Poverty	15.9%	16.9%	—
% > 64 Below Poverty	10.3%	8.9%	—
Median Household Income ($, Annual)	$52,500	$61,043	—
Unemployment Rate (%)	2.8%	4.1%	—
Single-Parent Households (%)	7.5%	8.5%	—
Food Affordability (%)	16.7%	15.0%	—

Missouri Hunger Atlas 2023