



# HOLT COUNTY

## OVERALL RANK\*

Need	Performance
Average	Low

\**Need* is from a composite score including % food insecure, % SNAP eligible, % NSLP enrolled, and % < 5 WIC eligible. *Performance* is from a composite score including % eligible and participating in SNAP, NSLP, WIC, and pounds of food distributed per capita < 100% poverty.

NEED INDICATORS	COUNTY	STATE	RANK
<b>Food Insecurity 2023</b>			
% Individuals Food Insecure	14.8%	15.4%	Low
% Individuals < 18 Food Insecure	19.7%	18.1%	Average
% Individuals Food Insecure with Hunger	6.8%	5.8%	Low
<b>Supplemental Nutrition Assistance Program (SNAP/Food Stamps) 2023</b>			
% Total Population Income Eligible	17.5%	16.1%	Low
% < 18 Years Income Eligible	28.8%	25.0%	Average
<b>Free and Reduced-Price Lunch (National School Lunch Program) 2023</b>			
% Students Enrolled	32.4%	47.4%	Very Low
<b>Women, Infants, and Children Program (WIC) 2023</b>			
% < 5 Years Income Eligible	61.4%	37.4%	Very High
PERFORMANCE INDICATORS	COUNTY	STATE	RANK
<b>Supplemental Nutrition Assistance Program (SNAP/Food Stamps) 2023</b>			
Number of Monthly Participants	320	636,724	—
% Total Population Participating	7.5%	10.3%	Very Low
% Income Eligible and Participating	44.4%	63.9%	Very Low
Number of Monthly Participants < 18 Years	131	269,042	—
% < 18 Years Participating	15.2%	19.6%	Low
<b>Free and Reduced-Price Lunch (National School Lunch Program) 2023</b>			
% Students Enrolled and Participating	69.3%	66.9%	High
<b>Women, Infants, and Children Program (WIC) 2023</b>			
Number < 5 Years Participating, Monthly	4	67,306	—
% < 5 Years Eligible and Participating	2.9%	51.2%	Very Low
<b>Food Bank Distributions 2023</b>			
Total Pounds Distributed in County	85,389	132,203,712	—
Pounds Per Capita Below 100% Poverty Level	211	175	Average
COUNTY PROFILE	COUNTY	STATE	
<b>Demographic Indicators 2023</b>			
Total Population	4,254	6,196,156	—
% Population < 18 Years	20.3%	22.1%	—
% Population > 64 Years	25.8%	18.4%	—
<b>Health Indicators 2022</b>			
Obesity Prevalence (%)	32.8%	36.6%	—
Diabetes Prevalence (%)	10.7%	12.4%	—
Hypertension Prevalence (%)	40.9%	37.5%	—
<b>Economic Indicators 2023</b>			
% Population Below Poverty Level	9.8%	12.6%	—
% < 18 Below Poverty	13.7%	16.0%	—
% > 64 Below Poverty	11.1%	10.0%	—
Median Household Income (\$, Annual)	\$58,516	\$68,920	—
Unemployment Rate (%)	2.4%	3.0%	—
Single-Parent Households (%)	8.2%	8.3%	—
Food Affordability (%)	15.3%	13.1%	—